

**Name des Kindes**

**Kürzel**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Montag** | | | | | **Dienstag** | | | **Mittwoch** | | | **Donnerstag** | | | **Freitag** | | |
|  | 95621 | | | **Knabberpaprika** (PA) |  | 95591 | **Knabbermöhre** (MÖ) |  | 95601 | **Knabbergurke** |  |  |  |  | 95611 | **Knabberkohlrabi** |
|  | 95761 | | | **Käsesoße Laktfr.** (MP) |  | 94441 | **Laktfr. Rahmspinat** (MP,ZW) |  | 94441 | **Gemüsefrikassee** (MÖ) |  |  |  |  | 95791 | **Tomatensoße** (TO) |
|  | 93231 | | | **Glfr. Spirelli** (ERB)(ERB=Erbsenprotein) |  | 93971 | **Fischstäbchen** (FI,ZW) |  | 94351 | **Lktfr. Hühnerfrikassee** (FL,MP,MÖ, ZU,ZW) |  |  |  |  | 93231 | **Glfr. Nudeln** (ERB)(ERB=Erbsenprotein) |
|  | 95771 | | | **Vegane Cremesoße** (1,2,5,FRU,SJ,ZU) |  | 94491 | **Spinat** |  | 94621 | **Schwarzwurzel-Erbsen-Gemüse** (ERB) |  |  |  |  | 93281 | **Kartoffeln** |
|  | 95961 | | | **Grünes Pesto** (KN,2,1) |  | 94131 | **Gebratenes Seelachsfilet** (FI) |  | 94161 | **gebr. Hähnchenbrust-streifen** (FL) |  |  |  |  | 95851 | **Kräutersoße** |
|  | | 95031 | **Bananenchips** (ZU) | |  | 94001 | **Hirsebratling** (MÖ) |  | 93051 | **Gemüse-Nudelauflauf Laktfr.** (ERB,MÖ,MP) |  |  |  |  | 93401 | **Kartoffeln in Soße** (5,FRU,SJ,ZU,ZW) |
|  | | 95001 | **Mürbeteigtaler** (EI,SJ,ZI,ZU) | |  | 95661 | **Paprikadip** (PA) |  | 95091 | **Soja-Stracciatella-speise** (SJ,ZU) |  |  |  |  | 94011 | **Reisbratling** |
|  | 94901 | | | **Reis-Kokos-Keks** |  | 95551 | **Kräuterquark Laktfr.** (MP) |  | 96451 | **Laktfr. Quarkspeise** (MP) (fructosearm) |  |  |  |  | 95341 | **Honigmelone** |
|  |  | | |  |  | 95361 | **Weintrauben** |  |  |  |  |  |  |  | 95311 | **Banane** |
|  |  | | |  |  | 95311 | **Banane** |  |  |  |  |  |  |  | 94951 | **Schoko-Brezeln** (fructosefreie Kekse) |
|  |  | | |  |  | 94981 | **Herzkekse** (fructosefrei) |  |  |  |  |  |  |  |  |  |
|  |  | | |  |  |  |  |  |  |  |  |  | **Reformationstag** |  |  |  |
|  |  | | |  |  |  | Veg. Alternative: |  |  | Veg. Alternative: |  |  |  |  | 93181 | **weiße Spirelli** (WE,GL) |
|  |  | | |  |  | 94101 | **Veg. Bratling** (CU,EI,ERB,GL, TO,HA, LK,MN,MÖ,MP, SE,SJ, WE,ZI,ZW) |  | 94401 | **Gemüsefrikassee** (ERB,GL,LK,MÖ,MP,WE,ZW) |  |  |  |  |  |  |



**Dienstag, den 23.10.2019**

**Speiseplan-Spezial – KW 44 / 28.10. – 01.11.2019**