

**Mittwoch, den 13.03.19**

**Name des Kindes**

**Kürzel**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Montag** | | | | | **Dienstag** | | | **Mittwoch** | | | **Donnerstag** | | | **Freitag** | | |
|  | 95621 | | | **Knabberpaprika** (PA) |  | 95611 | **Knabberkohlrabi** |  | 95601 | **Knabbergurke** |  | 95591 | **Knabbermöhre** (MÖ) |  | 95601 | **Knabbergurke** |
|  | 93821 | | | **Traubenzucker** |  | 95831 | **Brokkolisoße** |  | 94441 | **Laktfr. Rahmspinat** (MP,ZW) |  | 94441 | **Gemüsefrikassee** (MÖ) |  | 95901 | **Zucchinisoße** |
|  | 94731 | | | **Grießbrei** (milchfrei) |  | 93231 | **Glfr. Nudeln** (ERB)(ERB=Erbsenprotein) |  | 93971 | **Fischstäbchen** (FI,ZW) |  | 94351 | **Lkfr. Hühnerfrikassee** (FL,MP,MÖ, ZU,ZW) |  | 93231 | **Glfr. Spirelli** (ERB)(ERB=Erbsenprotein) |
|  | 93621 | | | **Waldbeersoße heiß** (FRU) |  | 95791 | **Tomatensoße** (TO) |  | 94491 | **Spinat** |  | 94621 | **Schwarzwurzel-Erbsen-Gemüse** (ERB) |  | 95761 | **Käsesoße Laktfr.** (MP) |
|  | 93401 | | | **Kartoffeln in Soße** (5,FRU,SJ,ZU,ZW) |  | 94011 | **Falafelbratling** (ERB,ZW) |  | 94131 | **Gebratenes Seelachsfilet** (FI) |  | 94161 | **gebr. Hähnchenbrust-streifen** (FL) |  | 96221 | **Chili sin Carne** (PA,TO,ZW,ZI) |
|  | | 93281 | **Kartoffeln** | |  | 95661 | **Soja-Minze-Dip** (SJ) |  | 94001 | **Hirsebratling** (MÖ) |  | 96381 | **Quiche Lorraine vegan** (5,1,2,FRU,KN,SI,ZI,ZU) |  | 93551 | **Mehrkornbrötchen** (AP,LU,SJ,ZU) |
|  | | 94071 | **Chicken Nuggets** (ERB,FL) | |  | 95091 | **Soja-Stracciatella-speise** (SJ,ZU) |  | 95661 | **Käse-Kräuterdip** (MP,ZU) |  | 96461 | **Laktfr. Pudding** (1,ZU,MP) |  | 95671 | **Tomatenketchup** (TO) |
|  | 94011 | | | **Currybratling** (CU,KN,MÖ) |  | 95261 | **Rosinen (FRU)** |  | 95651 | **Paprika-Dip** (PA) |  | 95211 | **Naturjoghurt** (MP) |  | 93961 | **Spinatbratling** |
|  | 95341 | | | **Honigmelone** |  | 96451 | **Lakt.fr. Quarkspeise** (MP) (fructosearm) |  | 94881 | **Aprikosen Magdalenas** (AP,EI,LU,SJ,ZI,ZU) |  | 95221 | **Vanillepudding** |  | 95341 | **Honigmelone** |
|  | 95311 | | | **Banane** |  |  |  |  | 95361 | **Weintrauben** |  |  |  |  | 95311 | **Banane** |
|  | 94911 | | | **4-Korn-Rüblihäschen** (MÖ)(fructosearm) |  |  |  |  | 95311 | **Banane** |  |  |  |  | 94951 | **Schoko-Brezeln** (fructosefreie Kekse) |
|  |  | | |  |  |  |  |  | 94981 | **Herzkekse** (fructosefrei) |  |  |  |  |  |  |
|  |  | | | Veg. Alternative: |  |  |  |  |  |  |  |  | Veg. Alternative: |  |  | Veg. Alternative: |
|  | 94051 | | | **Veg. Nuggets** (GL,SJ,WE) |  |  |  |  |  |  |  | 94401 | **Gemüsefrikassee** (ERB,GL,LK,MÖ,MP,WE,ZW) |  | 96251 | **Chili sin Carne** (BO,KN,PA,TO,ZI,ZU,ZW) |



**Speiseplan-Spezial – KW 12/ 18.03. – 22.03.2019**