

**Mittwoch, 10.10.2018**

**Name des Kindes**

**Speiseplan-Spezial – KW 42 15.10.-19.10.2018**

**Kürzel**

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| **Montag** | | | **Dienstag** | | | **Mittwoch** | | | **Donnerstag** | | | **Freitag** | | |
|  | 93371 | **Kartoffelbrei (milchfrei)** |  | 95591 | **Knabbermöhre** (MÖ) |  | 95611 | **Knabberkohlrabi** |  | 95601 | **Knabbergurke** |  | 95621 | **Knabberpaprika** (PA) |
|  | 94471 | **Kohlrabi** |  | 95871 | **Kürbissoße** |  | 94421 | **Laktfr. Rahmspinat** (MP,ZW) |  | 96261 | **Linsensuppe** (CU,KN,MÖ) |  | 93061 | **Gemüse-Kartoffelauflauf** (MÖ) |
|  | 93841 | **Kräutermargarine** |  | 93991 | **Maisherzi** |  | 94291 | **Ei, warm** (EI,ZI) |  | 93501 | **Glfr. Knäckebrot** (SJ,ZU) |  | 93591 | **Laktfr. Kartoffelgratin** (MN,MP,ZW) |
|  | 94541 | **Sauerkraut** |  | 94161 | **Gebr. Hähnchenbrust-streifen** (FL) |  | 94491 | **Spinat** |  | 95791 | **Tomatensoße** (TO) |  | 93961 | **Spinatbratling** |
|  | 94011 | **Currybratling** (CU,KN,MÖ) |  | 96381 | **vegan Lauch-Quiche** (SJ,KN,2,1,5,FRU,ZU) |  | 94001 | **Hirsebratling** (MÖ) |  | 93231 | **Glfr. Spirelli**(ERB) |  | 95681 | **Soja-Tsatsiki** (5**,**KN,SJ) |
|  | 95341 | **Honigmelone** |  | 95211 | **Laktfr. Naturjoghurt** (MP) |  | 93121 | **Seelachs mit Topping** (FI,SJ,ZI,ZW) |  | 95821 | **Möhrensoße** (MÖ) |  | 94161 | **Putenfrikadelle** (FL,SF) |
|  | 95311 | **Banane** |  |  |  |  | 94141 | **Seelachs Burger** (ZW,ZU,ZI,SF,KN,PA) |  | 95011 | **Gltfr. Zitronenwaffeln** (SJ,ZI,ZU) |  | 96461 | **Laktfr. Pudding** (1,ZU,MP) |
|  | 94981 | **Herzkekse**  (fructosearme Kekse) |  |  |  |  | 94131 | **Seelachs, pur** (FI) |  | 94871 | **Maiswaffel** |  | 95221 | **Schokopudding (milchfrei)** |
|  |  |  |  |  |  |  | 95671 | **Tomatenketchup** (TO) |  |  |  |  | 95341 | **Honigmelone** |
|  |  |  |  |  |  |  | 93531 | **Kaisersemmel** (2x) (AP,LU,SJ) |  |  |  |  | 95311 | **Banane** |
|  |  |  |  |  |  |  | 95361 | **Weintrauben** |  |  |  |  | 94951 | **Schoko-Herzkekse (fructosefrei)** |
|  |  |  |  |  |  |  | 95311 | **Banane** |  |  |  |  |  |  |
|  |  |  |  |  |  |  | 94901 | **Reis-Kokos-Keks** (fructosefrei) |  |  |  |  |  |  |
|  |  | Veg. Alternative: |  |  | Veg. Alternative: |  |  |  |  |  |  |  |  | Veg. Alternative: |
|  | 94301 | **Veg. Bratwurst** (1,EI,ERB, GL,KN,MN,SJ,WE,ZI,ZU,ZW) |  | 94081 | **Veg. Bällchen** (EI,GER, GL,SF,SJ,SL,WE,ZU,ZW) |  |  |  |  |  |  |  | 94101 | **Tomaten-Käsefrikadelle** (EI,GL,MP,TO,WE,ZI,ZW) |

